

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Walmart Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 1:30 Mexican train Dominos (FR) 2:00 Tai Chi and Yoga (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading(RR) 6:30 Bingo (AR)	2 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study w/ Linda (AR) 1:30 3-13 Card Game (FR) 2:00 Resident Council Meeting(AR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot	3 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	4 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (AR) 2:00 Entertainment (LB) "Robin Todd" 3:00 3-13 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)	5 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookie Social (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
6 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce PLays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)	7 Labor Day 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 1:30 3-13 Card game (FR) 2:00 Rummikub (FR) 2:15 Ice cream Social (LB) 3:00 Carnival Games (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	8 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 11:00 Out to Lunch ** "Casa Mia" 1:30 Mexican train Dominos (FR) 2:00 Health Talk w/ First Light Home Care (AR) 3:00 Phase 10 (FR) 6:30 Bingo (AR)	9 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study w/ Linda (AR) 1:30 3-13 Card Game (FR) 2:00 Craft Class (AR)** 2:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot  Seahawks vs Patriots @ 5:20 pm	10 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Memory Lane (AR) 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	11 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (AR) 2:00 Entertainment (LB) "Joe Lawn" 3:00 3-13 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)	12 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookie Social (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
13 Grandparent Day 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce PLays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR) 	14 Raine W.  9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 1:30 3-13 Card game (FR) 2:00 Rummikub (FR) 2:15 Ice cream Social (LB) 3:00 Carnival Games (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	15 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 1:30 Mexican train Dominos (FR) 2:00 Tai Chi and Yoga (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading(RR) 6:30 Bingo (AR)	16 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study w/ Linda (AR) 1:30 3-13 Card Game (FR) 2:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot	17 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Card-Making w/Linda(AR)** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	18 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (AR) 2:00 Entertainment (LB) "Charlie Brown" 3:00 3-13 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)	19 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookie Social (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
20 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce PLays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)  Seahawks vs Cardinals @ 1:25pm	21 Sue C.  9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 1:30 3-13 Card game (FR) 2:00 Rummikub (FR) 2:15 Ice cream Social (LB) 3:00 Carnival Games (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	22 Autumn Begins  9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi and Yoga (AR) 1:30 Mexican train Dominos (FR) 2:00 Scenic Drive** 3:00 Phase 10 (FR) 6:30 Bingo (AR)	23 9:00 Fred Meyer Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study w/ Linda (AR) 1:30 3-13 Card Game (FR) 2:00 Smart Cremation Seminar (AR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot	24 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Craft Class (AR)** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	25 Tom B.  9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (AR) 3:00 3-13 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR) 7:00 Olympia Little Theatre** Stage Production: "Keep on Laughing"	26 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookie Social (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
27 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce PLays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)  Seahawks vs Commanders @ 10:00am	28 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 1:30 3-13 Card game (FR) 2:00 Rummikub (FR) 2:15 Ice cream Social (LB) 3:00 Carnival Games (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	29 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi and Yoga (AR) 1:30 Mexican train Dominos (FR) 2:00 Resident Birthday Party(AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading(RR) 6:30 Bingo (AR) 	30 9:00 Winco Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study w/ Linda (AR) 1:30 3-13 Card Game (FR) 2:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot		Legend (AR) Activity Room (FR) Family Room (LB) Lobby (DR) Dining Room (RR) Resource Room (CH) Clubhouse ** Sign up at fornt desk  = Birthday	*Schedule is subject to change at any time so remember to check our daily activity schedule posted on the community board and elevators*