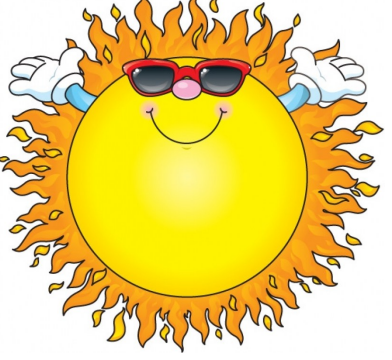


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Legend (AR) Activity Room (FR) Family Room (LB) Lobby (DR) Dining Room (RR) Resource Room (CH) Clubhouse ** Sign up at the front desk = Birthday	*Schedule is subject to change at any time so remember to check our daily activity schedule posted on the community board and elevators.*			1 10:00 Chapel Service (AR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
2 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)	3 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Softball Game** 1:30 3-13 Card Game (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:00 Chair Zumba (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	4 9:00 Walmart Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Entertainment (LB) "Gary Liden" 3:00 Phase 10 (FR) 4:00 "Good Old Days" reading with Julee (RR) 6:30 Bingo (AR)	5 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 12:00 Music in the Park ** 1:30 3-13 Card Game (FR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR) Flora S.	6 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Craft Class (AR)** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	7 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Guess the song w/ Katie" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR) Ursula M.	8 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
9 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)	10 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (RR) 1:30 3-13 Card Game (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:00 Chair Zumba (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR) Carl L.	11 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 11:00 Out to Lunch ** "Thai Garden" 1:30 Mexican Train Dominoes (FR) 2:00 Entertainment (LB) "Almost Bluegrass" 3:00 Phase 10 (FR) 6:30 Bingo (AR) Anne W.	12 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 12:00 Music in the Park ** 1:30 3-13 Card Game (FR) 2:00 Resident Council Meeting (AR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)	13 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Memory Lane (FR) 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	14 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Cowboy buck" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)	15 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
16 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)	17 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (RR) 1:30 3-13 Card Game (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:00 Chair Zumba (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	18 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Value Village Shopping** 1:30 Mexican Train Dominoes (FR) 2:00 Tai Chi/Chair Yoga (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" reading with Julee (RR) 6:30 Bingo (AR)	19 9:00 Costco shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Humble Cow Ice cream ** 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)	20 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00 Health talk w/ Sunil at Panorama Pharmacy (AR) 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	21 Hawaiian Day 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Oly-A Ukulele group" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR) Inese L.	22 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)
23/30 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (FR) 4:30 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)	24/31 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (RR) 1:30 3-13 Card Game (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:00 Chair Zumba (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)	25 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi/Chair Yoga (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Resident Birthday Party(AR) 3:00 Phase 10 (FR) 6:30 Bingo (AR)	26 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Craft Class (AR) ** 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)	27 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Stretching (AR) 1:30 Skip-Bo (FR) 2:00Scenic Drive ** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)	28 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Entertainment Explosion" 3:00 31 Card Game (FR) 5:45 Hand & Foot (FR)	29 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)