

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Legend

(AR) Activity Room
(FR) Family Room
(LB) Lobby
(DR) Dining Room
(RR) Resource Room
(CH) Clubhouse
** Sign up at the front desk = Birthday

Schedule is subject to change at any time so remember to check our daily activity schedule posted on the community board and elevators.



1
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Bible Study (AR)
10:00 Blackjack (FR)
1:30 3-13 Card Game (FR)
2:00 Resident Council Meeting (AR)
4:30 Sing Along w/ Joyce (LB)
5:45 Hand & Foot (FR)

2
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Chair Yoga (AR)
1:30 Skip-Bo (FR)
2:00 Humble Cow Ice Cream **
3:00 Mosaic Coloring (FR)
6:30 Bingo (AR)

3
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Blackjack (FR)
2:00 Singing Bowl Sound Bath with Katie (AR)
3:00 31 Card Game (FR)
3:30 Walking Group (LB)
5:45 Hand & Foot (FR)

4
10:00 Chapel Service (AR)
11:15 Blood Pressure Checks (RR)
2:00 Cookies & Socializing (LB)
2:00 Rummikub (FR)
4:00 Wii Bowling (FR)
5:45 Skip-Bo (FR)
6:45 Movie & Popcorn (AR)
Rita Y. Jo S.

5 Happy Easter
9:00 Morning Exercise (AR)
1:15 31 Card Game (FR)
3:00 Blackjack (AR)
4:45 Joyce Plays Piano (LB)
5:45 Hand & Foot (FR)
6:45 Movie & Popcorn (AR)



6
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Book Club (FR)
2:00 Rummikub (FR)
2:15 Ice Cream Social (LB)
3:00 Chair Drumming (AR)
4:00 Barb Plays Piano (LB)
5:45 Hand & Foot (FR)

Sharon W.

7
9:00 Walmart Shopping**
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
1:30 Mexican Train Dominoes (FR)
2:00 Tai Chi/Chair Yoga (AR)
3:00 Phase 10 (FR)
4:00 "Good Old Days" reading with Julee (RR)
6:30 Bingo (AR)

8
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Bible Study (AR)
10:00 Blackjack (FR)
1:30 3-13 Card Game (FR)
2:00 Craft Class (AR)**
4:30 Sing Along w/ Joyce (LB)
5:45 Hand & Foot (FR)

Wayne S. Bob L.

9
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
1:30 Skip-Bo (FR)
2:00 Scenic Drive (LB) **
3:00 Mosaic Coloring (FR)
6:30 Bingo (AR)

10
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Blackjack (FR)
2:00 Entertainment (LB) "Robin Todd"
3:00 31 Card Game (FR)
3:30 Walking Group (LB)
5:45 Hand & Foot (FR)

Don A.

11
10:00 Chapel Service (AR)
11:15 Blood Pressure Checks (RR)
2:00 Cookies & Socializing (LB)
2:00 Rummikub (FR)
4:00 Wii Bowling (FR)
5:45 Skip-Bo (FR)
6:45 Movie & Popcorn (AR)

12
9:00 Morning Exercise (AR)
1:15 31 Card Game (FR)
3:00 Blackjack (AR)
4:45 Joyce Plays Piano (LB)
5:45 Hand & Foot (FR)
6:45 Movie & Popcorn (AR)

13
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
2:00 Rummikub (FR)
2:15 Ice Cream Social (LB)
4:00 Barb Plays Piano (LB)
5:45 Hand & Foot (FR)

Joyce H.

14
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
11:00 Out to Lunch ** "Main Chinese Buffet"
1:30 Mexican Train Dominoes (FR)
2:00 Tai Chi/Chair Yoga (AR)
3:00 Phase 10 (FR)
6:30 Bingo (AR)
6:30 Entertainment (LB) "Student Orchestra of Greater Olympia"

15
9:00 Fred Meyer Shopping **
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Bible Study (AR)
10:00 Blackjack (FR)
1:30 3-13 Card Game (FR)
2:00 CPR training (AR) **
4:30 Sing Along w/ Joyce (LB)
5:45 Hand & Foot (FR)

Marvin J.

16
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Chair Yoga (AR)
1:30 Skip-Bo (FR)
2:00 Happy Hour (AR)
3:00 Mosaic Coloring (FR)
6:30 Bingo (AR)

17
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Blackjack (FR)
2:00 Entertainment (LB) "Susan Shoemaker"
3:00 31 Card Game (FR)
3:30 Walking Group (LB)
5:45 Hand & Foot (FR)

18
10:00 Chapel Service (AR)
11:15 Blood Pressure Checks (RR)
2:00 Cookies & Socializing (LB)
2:00 Rummikub (FR)
4:00 Wii Bowling (FR)
5:45 Skip-Bo (FR)
6:45 Movie & Popcorn (AR)

19
9:00 Morning Exercise (AR)
1:15 31 Card Game (FR)
3:00 Blackjack (AR)
4:45 Joyce Plays Piano (LB)
5:45 Hand & Foot (FR)
6:45 Movie & Popcorn (AR)

20
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Book Club (FR)
2:00 Rummikub (FR)
2:15 Ice Cream Social (LB)
3:00 Chair Drumming (AR)
4:00 Barb Plays Piano (LB)
5:45 Hand & Foot (FR)

21
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Tai Chi/Chair Yoga (AR)
1:30 Mexican Train Dominoes (FR)
2:00 Entertainment (LB) "Gary Liden"
3:00 Phase 10 (FR)
4:00 "Good Old Days" reading with Julee (RR)
6:30 Bingo (AR)

22 Earth Day
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Costco Shopping **
10:00 Bible Study (AR)
10:00 Blackjack (FR)
1:30 3-13 Card Game (FR)
2:00 Craft w/Elizabeth(AR)**
4:30 Sing Along w/ Joyce (LB)
5:45 Hand & Foot (FR)

Gordon Z.

23
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Farmers Market **
1:30 Skip-Bo (FR)
2:00 Cardmaking w/Linda(AR)**
3:00 Mosaic Coloring (FR)
6:30 Bingo (AR)

24
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Blackjack (FR)
2:00 Singing Bowl Sound Bath with Katie (AR)
3:00 31 Card Game (FR)
3:30 Walking Group (LB)
5:45 Hand & Foot (FR)

25
10:00 Chapel Service (AR)
11:15 Blood Pressure Checks (RR)
2:00 Cookies & Socializing (LB)
2:00 Rummikub (FR)
4:00 Wii Bowling (FR)
5:45 Skip-Bo (FR)
6:45 Movie & Popcorn (AR)

26
9:00 Morning Exercise (AR)
1:15 31 Card Game (FR)
3:00 Blackjack (AR)
4:45 Joyce Plays Piano (LB)
5:45 Hand & Foot (FR)
6:45 Movie & Popcorn (AR)

27
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Book Club (FR)
2:00 Rummikub (FR)
2:15 Ice Cream Social (LB)
3:00 Chair Drumming (AR)
4:00 Barb Plays Piano (LB)
5:45 Hand & Foot (FR)

28
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Tai Chi/Chair Yoga (AR)
1:30 Mexican Train Dominoes (FR)
2:00 Resident Birthday Party
3:00 Phase 10 (FR)
4:00 4:00 "Good Old Days" reading with Julee (RR)
6:30 Bingo (AR)

29
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Bible Study (AR)
10:00 Blackjack (FR)
1:30 3-13 Card Game (FR)
2:00 Home Care Talk with First Light Home Care (AR)
4:30 Sing Along w/ Joyce (LB)
5:45 Hand & Foot (FR)

30
9:00 Water Aerobics (CH)
9:00 Morning Exercise (AR)
10:00 Chair Yoga (AR)
1:30 Skip-Bo (FR)
2:00 Rhododendron Botanical Gardens**
3:00 Mosaic Coloring (FR)
6:30 Bingo (AR)

