



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (AR) 4:45 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)</p> <p>Mikiko O. </p>	<p>2 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:15 Basketball Toss (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)</p>	<p>3 9:00 Walmart shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Tai Chi (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading w/ Julee (RR) 6:30 Bingo (AR)</p> <p>Loretta M. </p>	<p>4 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Resident Council Meeting (AR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)</p> <p>Doris S. </p>	<p>5 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Yoga (AR) 1:30 Skip-Bo (FR) 2:00 Happy Hour (AR) 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)</p> <p>Zoila R. </p>	<p>6 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Robin Todd" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)</p>	<p>7 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR)</p> <p>~Set Clocks Ahead 1 Hour Before Going to Bed~</p>
<p>8 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 1:15 31 Card Game (FR) 3:00 Blackjack (AR) 4:45 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)</p> <p> Daylight Saving Time Begins</p>	<p>9 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:15 Basketball Toss (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)</p> <p>Beth W. </p>	<p>10 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 11:00 Out to Lunch ** "O'Blarneys Irish Pub" 1:30 Mexican Train Dominoes (FR) 2:00 Tai Chi (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading w/ Julee (RR) 6:30 Bingo (AR)</p>	<p>11 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Craft Class (AR)** 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)</p>	<p>12 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 9:30 "Band Classics" Concert** 1:30 Skip-Bo (FR) 2:00 Scenic Drive (LB) ** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)</p>	<p>13 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Jo Lawn" 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)</p>	<p>14 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)</p>
<p>15 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (AR) 4:45 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)</p>	<p>16 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:15 Basketball Toss (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)</p>	<p>17 St. Patrick's Day 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Entertainment (LB) "Laurie Gardner" 3:00 Scavenger Hunt (LB) 6:30 Bingo (AR)</p> <p> ~Wear Green Day~ </p>	<p>18 9:00 Winco Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Home Care talk with Jo Ann (AR) 3:00 Blackjack (FR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)</p>	<p>19 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Yoga (AR) 1:30 Skip-Bo (FR) 2:00 Easter Craft (AR)** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR) 7:20 Out to the Theatre "Exit Laughing"***</p>	<p>20 First Day of Spring 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Allen Zaboski" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)</p> <p></p>	<p>21 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)</p>
<p>22 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (AR) 4:45 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)</p>	<p>23 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:15 Basketball Toss (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)</p>	<p>24 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Resident Birthday Party (AR) 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading w/ Julee (RR) 6:30 Bingo (AR)</p> <p></p>	<p>25 9:00 Fred Meyer Shopping** 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Bible Study (AR) 1:30 3-13 Card Game (FR) 2:00 Entertainment (LB) "Almost There Gospel Choir" 3:00 Blackjack (AR) 4:30 Sing Along w/ Joyce (LB) 5:45 Hand & Foot (FR)</p>	<p>26 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Chair Yoga (AR) 1:30 Skip-Bo (FR) 2:00 Easter Card Making w/ Linda (AR)** 3:00 Mosaic Coloring (FR) 6:30 Bingo (AR)</p>	<p>27 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Blackjack (FR) 2:00 Entertainment (LB) "Ron Rosenbloom" 3:00 31 Card Game (FR) 3:30 Walking Group (LB) 5:45 Hand & Foot (FR)</p>	<p>28 10:00 Chapel Service (AR) 11:15 Blood Pressure Checks (RR) 2:00 Cookies & Socializing (LB) 2:00 Rummikub (FR) 4:00 Wii Bowling (FR) 5:45 Skip-Bo (FR) 6:45 Movie & Popcorn (AR)</p> <p>Joyce S. </p>
<p>29 9:00 Morning Exercise (AR) 1:15 31 Card Game (FR) 3:00 Blackjack (AR) 4:45 Joyce Plays Piano (LB) 5:45 Hand & Foot (FR) 6:45 Movie & Popcorn (AR)</p>	<p>30 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Book Club (FR) 2:00 Rummikub (FR) 2:15 Ice Cream Social (LB) 3:15 Basketball Toss (AR) 4:00 Barb Plays Piano (LB) 5:45 Hand & Foot (FR)</p>	<p>31 9:00 Water Aerobics (CH) 9:00 Morning Exercise (AR) 10:00 Tai Chi (AR) 1:30 Mexican Train Dominoes (FR) 2:00 Entertainment (LB) "Shelltown Strummers" 3:00 Phase 10 (FR) 4:00 "Good Old Days" Reading w/ Julee (RR) 6:30 Bingo (AR)</p>			<p>Legend</p> <p>(AR) Activity Room (FR) Family Room (LB) Lobby (DR) Dining Room (RR) Resource Room (CH) Clubhouse ** Sign up at the front desk = Birthday</p>	<p>*Schedule is subject to change at any time so remember to check our daily activity schedule posted on the community board and elevators.*</p> 