

THE COLONIAL INN ACTIVITY

JULY 2009

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			<p>1 7:30 Morning Coffee & Chat (FR) 9:00 Banking / Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 10:00 Sing A Long (LB) 11:30 Music in the Park** 2:00 Exercise Workshop (AR) 4:45 Water Aerobics (CH) 7:00 Pinochle (AR)</p> <p>Chandler Caughie </p>	<p>2 NAME TAG DAY 7:30 Morning Coffee & Chat (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Women's Group (FR) 2:00 Movie & Popcorn "The Boy in the Striped Pajamas" (FR) 7:00 Bingo (AR)</p> <p>Charla Siverston </p>	<p>3 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Water Aerobics (CH) 11:15 & 12:45 4th of July BBQ 2:00 Wii Bowling (FR) 4:45 Water Aerobics (CH) 7:00 Pinochle (FR) 9:00 Lacey Fireworks**</p> <p>Jeanne White </p>	<p>4 Independence Day 7:30 Morning Coffee & Chat (FR) 10:00 Walking Group 2:00 Bingo (AR) 3:30 Ice Cream Social (FR) 3:30 Skip Bo (FR) 7:00 Card Night (FR)</p> <p>Pierre Travis </p>
<p>5 7:30 Morning Coffee & Chat (FR) 8:30-1:00 Church Transportation** 2:00 Chair Aerobics (FR) 3:30 Cookies & Socializing (FR) 3:30 Puzzle Time (FR) 3:30 Piano Recital (LB) 7:00 Game Night (FR)</p>	<p>6 7:30 Morning Coffee & Chat (FR) 9:00-12:00 Banking/Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 1:45 Bridge (AR) 2:00 Scrabble (FR) 2:00 Joy Ride ** 4:45 Water Aerobics (CH) 7:00 Pinochle</p>	<p>7 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Bible Study 2:00 Men's Group (LB) 3:00 Hand & Foot (FR)</p> <p>Marj Collins & Emelie Robertson </p>	<p>8 7:30 Morning Coffee & Chat (FR) 9:00 Banking / Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 10:00 Sing A Long (LB) 11:30 Music in the Park** 2:00 The Colonial Inn Horse Racing (AR) 4:45 Water Aerobics (CH) 7:00 Pinochle (AR)</p>	<p>9 NAME TAG DAY 7:30 Morning Coffee & Chat (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Women's Group (FR) 12:30-4:30 AARP Driver Safety (AR) 2:00 Movie & Popcorn "Marley & Me" (FR) 7:00 Bingo (AR)</p> <p>Orpha Caughie </p>	<p>10 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Water Aerobics (CH) 10:00 Farmers Market** 12:30-4:30 AARP Driver Safety (AR) 3:00 Happy Hour "Sean Lewis" 4:45 Water Aerobics (CH) 7:00 Pinochle (FR)</p> <p>Clarice Covert </p>	<p>11 7:30 Morning Coffee & Chat (FR) 10:00 Walking Group 2:00 Bingo (AR) 3:30 Ice Cream Social (FR) 3:30 Skip Bo (FR) 7:00 Card Night (FR)</p>
<p>12 7:30 Morning Coffee & Chat (FR) 8:30-1:00 Church Transportation** 2:00 Chair Aerobics (FR) 3:30 Cookies & Socializing (FR) 3:30 Puzzle Time (FR) 3:30 Piano Recital (LB) 7:00 Game Night (FR)</p>	<p>13 7:30 Morning Coffee & Chat (FR) 9:00-12:00 Banking/Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 1:45 Bridge (AR) 2:00 Scrabble (FR) 2:00 Joy Ride ** 4:45 Water Aerobics (CH) 7:00 Pinochle</p> <p>Steven Walker </p>	<p>14 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Bible Study 2:00 Men's Group (LB) 3:00 Hand & Foot (FR)</p> <p>Dick Hinchcliff </p>	<p>15 7:30 Morning Coffee & Chat (FR) 9:00 Banking / Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 10:00 Sing A Long (LB) 11:30 Music in the Park** 2:00 The Colonial Inn Horse Racing (AR) 4:45 Water Aerobics (CH) 7:00 Pinochle (AR)</p>	<p>16 NAME TAG DAY 7:30 Morning Coffee & Chat (FR) 9:30 Emerald Queen Casino ** 9:00 Water Aerobics (CH) 10:00 Women's Group (FR) 2:00 Movie & Popcorn "Powder" (FR) 7:00 Bingo (AR)</p>	<p>17 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Fancy Nails Pedicures** 9:00 Water Aerobics (CH) 10:00 Sittercise (FR) 2:00 Residents Birthday Party (AR) 3:00 Happy Hour "Dave Wolek" (LB) 4:45 Water Aerobics (CH) 7:00 Pinochle (FR)</p>	<p>18 7:30 Morning Coffee & Chat (FR) 10:00 Walking Group 2:00 Bingo (AR) 3:30 Ice Cream Social (FR) 3:30 Skip Bo (FR) 7:00 Card Night (FR)</p>
<p>19 7:30 Morning Coffee & Chat (FR) 8:30-1:00 Church Transportation** 2:00 Chair Aerobics (FR) 3:30 Cookies & Socializing (FR) 3:30 Puzzle Time (FR) 3:30 Piano Recital (LB) 7:00 Game Night (FR)</p>	<p>20 7:30 Morning Coffee & Chat (FR) 9:00-12:00 Banking/Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 1:45 Bridge (AR) 2:00 Scrabble (FR) 2:00 Joy Ride ** 4:45 Water Aerobics (CH) 7:00 Pinochle</p>	<p>21 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Bible Study 2:00 Men's Group (LB) 3:00 Hand & Foot (FR)</p>	<p>22 7:30 Morning Coffee & Chat (FR) 9:00 Banking / Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 10:00 Sing A Long (LB) 11:30 Music in the Park** 2:00 The Colonial Inn Horse Racing (AR) 4:45 Water Aerobics (CH) 7:00 Pinochle (AR)</p>	<p>23 NAME TAG DAY 7:30 Morning Coffee & Chat (FR) 9:00 Trip-Snoqualmie Falls & Lunch ** 9:00 Water Aerobics (CH) 10:00 Women's Group (FR) 2:00 Movie & Popcorn "The Curious Case Of Benjamin Button" (FR) 7:00 Bingo (AR)</p>	<p>24 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Water Aerobics (CH) 11:30-3:00 Lunch & Bridge Club 2:00 Wii Bowling (FR) 4:15 Happy Hour "Phil Bunker" (LB) 4:45 Water Aerobics (CH) 7:00 Pinochle (FR)</p> <p>Alma Knowle </p>	<p>25 7:30 Morning Coffee & Chat (FR) 10:00 Walking Group 2:00 Bingo (AR) 3:30 Ice Cream Social (FR) 3:30 Skip Bo (FR) 7:00 Card Night (FR)</p> <p>Lori Kernamder </p>
<p>26 7:30 Morning Coffee & Chat (FR) 8:30-1:00 Church Transportation** 2:00 Chair Aerobics (FR) 3:30 Cookies & Socializing (FR) 3:30 Puzzle Time (FR) 3:30 Piano Recital (LB) 7:00 Game Night (FR)</p> <p>Lloyd Newell </p>	<p>27 7:30 Morning Coffee & Chat (FR) 9:00-12:00 Banking/Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 1:45 Bridge (AR) 2:00 Scrabble (FR) 4:45 Water Aerobics (CH) 7:00 Pinochle</p> <p>Floyd Sutherland  Margaret Holloway </p>	<p>28 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Bible Study 3:00 Hand & Foot (FR)</p> <p>Jess Sherman </p>	<p>29 7:30 Morning Coffee & Chat (FR) 9:00 Banking / Dr. Appt. ** 9:00 Water Aerobics (CH) 10:00 Walking Group 10:00 Sing A Long (LB) 11:30 Music in the Park** 4:45 Water Aerobics (CH) 7:00 Pinochle (AR)</p>	<p>30 NAME TAG DAY 7:30 Morning Coffee & Chat (FR) 9:00 Lacey Shopping ** 9:00 Water Aerobics (CH) 10:00 Women's Group (FR) 2:00 Movie & Popcorn "The Devil Wears Prada" (FR) 7:00 Bingo (AR)</p>	<p>31 7:30 Morning Coffee & Chat (FR) 9:00 Blood Pressure Check (FR) 9:00 Water Aerobics (CH) 4:45 Water Aerobics (CH) 7:00 Pinochle (FR)</p>	

**= Sign Up is Required

(AR) = Activity Room

(FR) = Family Room

(LB) = Lobby

(DR) = Dining Room

(CH) Club House

 = Birthday

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Manager: Donna Baker

Please contact us if you would like to be taken off of our mailing list.

The Colonial Inn welcomes all families to all activities